

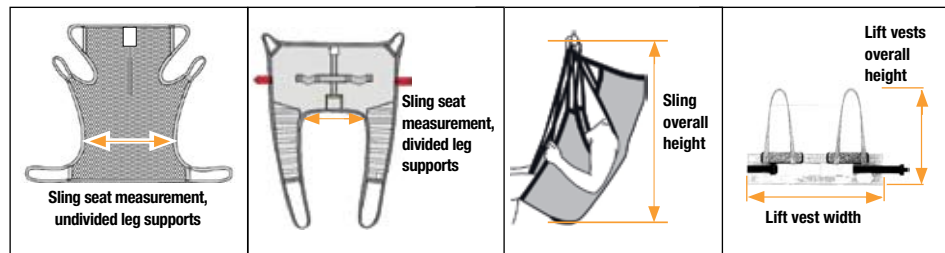


# Lifting Slings Size Guide

Providing the Right Equipment for People Who Need it

[www.amilakesouthern.co.uk](http://www.amilakesouthern.co.uk)

# Size guide for lifting slings



## Divided leg supports/High back



Art. No.	Product name	Material / Description	Size	Rec user weight (kg)	Sling seat measurement (cm)	Sling overall height (cm)
01-40800002	HighBackSling	polyester	XXS	10-25	20	77
01-40800003	HighBackSling	polyester	XS	20-35	25	85
01-40800004	HighBackSling	polyester	S	30-55	35	91
01-40800006	HighBackSling	polyester	M	50-90	45	94
01-40800007	HighBackSling	polyester	L	80-110	56	98
01-40800008	HighBackSling	polyester	XL	110-160	62	98
01-40800009	HighBackSling	polyester	XXL	130-200	70	102
01-40820002	HighBackSling	polyester net	XXS	10-25	20	77
01-40820003	HighBackSling	polyester net	XS	20-35	25	85
01-40820004	HighBackSling	polyester net	S	30-55	35	91
01-40820006	HighBackSling	polyester net	M	50-90	45	94
01-40820007	HighBackSling	polyester net	L	80-110	56	98
01-40820008	HighBackSling	polyester net	XL	110-160	62	98
01-40820009	HighBackSling	polyester net	XXL	130-200	70	102
01-40822002	HighBackSling	polyester net, not reinf.	XXS	10-25	20	77
01-40822003	HighBackSling	polyester net, not reinf.	XS	20-35	25	85
01-40822004	HighBackSling	polyester net, not reinf.	S	30-55	35	91
01-40822006	HighBackSling	polyester net, not reinf.	M	50-90	45	94
01-0822007	HighBackSling	polyester net, not reinf.	L	80-110	56	98
01-40822008	HighBackSling	polyester net, not reinf.	XL	110-160	62	98
01-40822009	HighBackSling	polyester net, not reinf.	XXL	130-200	70	102
01-40852002	HighBackSling	plastic net	XXS	10-25	20	77
01-40852003	HighBackSling	plastic net	XS	20-35	25	85
01-40852004	HighBackSling	plastic net	S	30-55	35	91
01-40852006	HighBackSling	plastic net	M	50-90	45	94
01-40852007	HighBackSling	plastic net	L	80-110	56	98
01-40852008	HighBackSling	plastic net	XL	110-160	62	98
01-40852009	HighBackSling	plastic net	XXL	130-200	70	102
01-40892004	HighBackSling	disposable	S	30-55	35	91
01-40892006	HighBackSling	disposable	M	50-90	45	94
01-40892007	HighBackSling	disposable	L	80-110	56	98
01-40892008	HighBackSling	disposable	XL	110-160	62	98
01-40700002	ShellHBSling	polyester	XXS	10-30	17	80
01-40700003	ShellHBSling	polyester	XS	20-35	25	85
01-40700004	ShellHBSling	polyester	S	30-55	35	94
01-40700006	ShellHBSling	polyester	M	50-90	40	97
01-40700007	ShellHBSling	polyester	L	80-120	45	98
01-40700008	ShellHBSling	polyester	XL	110-160	55	100
01-40700009	ShellHBSling	polyester	XXL	150-210	65	100
01-42520002	FlexibleSling	polyester net	XXS	10-30	20	75
01-42520003	FlexibleSling	polyester net	XS	20-35	25	8101-42520004
01-42520004	FlexibleSling	polyester net	S	25-55	35	90
01-42520006	FlexibleSling	polyester net	M	50-75	45	102
01-42520007	FlexibleSling	polyester net	L	70-110	55	102
01-42520008	FlexibleSling	polyester net	XL	100-130	65	104
01-42522002	FlexibleSling	polyester net, not reinf.	XXS	10-30	20	75
01-42522003	FlexibleSling	polyester net, not reinf.	XS	20-35	25	81
01-42522004	FlexibleSling	polyester net, not reinf.	S	25-55	35	90
01-42522006	FlexibleSling	polyester net, not reinf.	M	50-75	45	102
01-42522007	FlexibleSling	polyester net, not reinf.	L	70-110	55	102
01-42522008	FlexibleSling	polyester net, not reinf.	XL	100-130	65	104



### PLEASE NOTE!

A sling fitting is required in order to determine the appropriate model, size and material for an individual user. The size guide and it's measurements and recommendations is simply a support to make the prescriber's choice easier. The seat measurement of a lifting sling provides an indication on how wide the user can be from hip to hip (trochanter measurement). The user's trochanter measurement should be within +/- 10 cm (3.9") of the seat measurement. The lift vest width provides an indication on the circumference of the user's trunk. The circumference of the user's trunk should be within +/- 10 cm (3.9") of the lift vest width. The lifting sling is too large if the user's buttocks slide out too much through the lower opening or if the leg supports slide forwards towards the back of the knees. The lifting sling is too small if the user's face is too close to the sling bar, if the leg supports cut into the crotch or if the lifting slings looks and/or feels too tight.

**Divided leg supports/Shoulder-high back**



Art. No.	Product name	Material / Description	Size	Rec user weight (kg)	Sling seat measurement (cm)	Sling overall height (cm)
01-0500002	BasicSling	polyester	XXS	10-25	21	63
01-40500003	BasicSling	polyester	XS	20-35	27	65
01-40500004	BasicSling	polyester	S	35-55	37	77
01-40500006	BasicSling	polyester	M	45-80	50	89
01-40500007	BasicSling	polyester	L	75-110	60	95
01-40500008	BasicSling	polyester	XL	100-150	65	98
01-40500009	BasicSling	polyester	XXL	140-200	75	98
01-40520002	BasicSling	polyester net	XXS	10-25	21	63
01-40520003	BasicSling	polyester net	XS	20-35	27	65
01-40520004	BasicSling	polyester net	S	35-55	37	77
01-40520006	BasicSling	polyester net	M	45-80	50	89
01-40520007	BasicSling	polyester net	L	75-110	60	95
01-40520008	BasicSling	polyester net	XL	100-150	65	98
01-40520009	BasicSling	polyester net	XXL	140-200	75	98
01-40522002	BasicSling	polyester net, not reinf.	XXS	10-25	21	63
01-40522003	BasicSling	polyester net, not reinf.	XS	20-35	27	65
01-40522004	BasicSling	polyester net, not reinf.	S	35-55	37	77
01-40522006	BasicSling	polyester net, not reinf.	M	45-80	50	89
01-40522007	BasicSling	polyester net, not reinf.	L	75-110	60	95
01-40522008	BasicSling	polyester net, not reinf.	XL	100-150	65	98
01-40522009	BasicSling	polyester net, not reinf.	XXL	140-200	75	98
01-40552002	BasicSling	plastic net	XXS	10-25	21	63
01-40552003	BasicSling	plastic net	XS	20-35	27	65
01-40552004	BasicSling	plastic net	S	35-55	37	77
01-40552006	BasicSling	plastic net	M	45-80	50	89
01-40552007	BasicSling	plastic net	L	75-110	60	95
01-40552008	BasicSling	plastic net	XL	100-150	65	98
01-40552009	BasicSling	plastic net	XXL	140-200	75	98
01-42700003	AmpSling	polyester	XS	20-40	27	85
01-42700004	AmpSling	polyester	S	35-60	37	90
01-42700006	AmpSling	polyester	M	50-80	45	97
01-42700007	AmpSling	polyester	L	70-110	50	100
01-42700008	AmpSling	polyester	XL	100-130	60	100
01-42700009	AmpSling	polyester	XXL	120-180	70	100
01-42720003	AmpSling	polyester net	XS	20-40	27	85
01-42720004	AmpSling	polyester net	S	35-60	37	90
01-42720006	AmpSling	polyester net	M	50-80	45	97
01-42720007	AmpSling	polyester net	L	70-110	50	100
01-42720008	AmpSling	polyester net	XL	100-130	60	100
01-42720009	AmpSling	polyester net	XXL	120-180	70	100



**Divided leg supports/Low back**



Art. No.	Product name	Material	Size	Rec user weight (kg)	Sling seat measurement (cm)	Sling overall height (cm)
01-40200002	LowBackSling	polyester	XXS	10-25	21	60
01-40200003	LowBackSling	polyester	XS	20-35	27	60
01-40200004	LowBackSling	polyester	S	30-50	37	77
01-40200006	LowBackSling	polyester	M	45-80	47	85
01-40200007	LowBackSling	polyester	L	75-110	57	90
01-40200008	LowBackSling	polyester	XL	100-140	67	92
01-40200009	LowBackSling	polyester	XXL	130-190	77	92
01-40220002	LowBackSling	polyester net	XXS	10-25	21	60
01-40220003	LowBackSling	polyester net	XS	20-35	27	60
01-40220004	LowBackSling	polyester net	S	30-50	37	77
01-40220006	LowBackSling	polyester net	M	45-80	47	85
01-40220007	LowBackSling	polyester net	L	75-110	57	90
01-40220008	LowBackSling	polyester net	XL	100-140	67	92
01-40220009	LowBackSling	polyester net	XXL	130-190	77	92
01-40252002	LowBackSling	plastic net	XXS	10-25	21	60
01-40252003	LowBackSling	plastic net	XS	20-35	27	60
01-40252004	LowBackSling	plastic net	S	30-50	37	77
01-40252006	LowBackSling	plastic net	M	45-80	47	85
01-40252007	LowBackSling	plastic net	L	75-110	57	90
01-40252008	LowBackSling	plastic net	XL	100-140	67	92
01-40252009	LowBackSling	plastic net	XXL	130-190	77	92

**Undivided leg supports/High and shoulder-high back**



Art. No.	Product name	Material	Size	Rec user weight (kg)	Sling seat measurement (cm)	Sling overall height (cm)
01-42521003	FlexibleSling, undivided	polyester net	XS	20-40	75	80
01-42521004	FlexibleSling, undivided	polyester net	S	30-70	85	85
01-42521006	FlexibleSling, undivided	polyester net	M	60-90	94	93
01-42521007	FlexibleSling, undivided	polyester net	L	80-130	105	96
01-42521008	FlexibleSling, undivided	polyester net	XL	110-180	115	98
01-41522003	ClassicHBSling	polyester net	XS	20-40	30	95
01-41522004	ClassicHBSling	polyester net	S	30-60	40	98
01-41522006	ClassicHBSling	polyester net	M	55-85	48	106
01-41522007	ClassicHBSling	polyester net	L	80-120	65	110
01-41522008	ClassicHBSling	polyester net	XL	110-140	80	115
01-41222003	ClassicSling	polyester net	XS	20-40	30	80
01-1222004	ClassicSling	polyester net	S	30-60	38	90
01-41222006	ClassicSling	polyester net	M	55-85	46	95
01-41222007	ClassicSling	polyester net	L	80-120	63	98
01-41222008	ClassicSling	polyester net	XL	110-140	80	100
01-47001010	BariSling	polyester net	XXXL	200-570	-	-

**To and from toilet/High back**



Art. No.	Product name	Material	Size	Rec user weight (kg)	Sling seat measurement (cm)	Sling overall height (cm)
01-43704002	HygieneHBSling	polyester	XXS	10-30	25	92
01-43704003	HygieneHBSling	polyester	XS	25-45	28	92
01-43704004	HygieneHBSling	polyester	S	40-60	30	96
01-43704006	HygieneHBSling	polyester	M	55-80	35	102
01-43704007	HygieneHBSling	polyester	L	75-110	41	102
01-43704008	HygieneHBSling	polyester	XL	90-130	46	104
01-43704009	HygieneHBSling	polyester	XXL	120-170	60	104
01-42521403	FlexibleSling, undivided*	polyester net	XS	20-40	75	80
01-42521404	FlexibleSling, undivided*	polyester net	S	30-70	85	85
01-42521406	FlexibleSling, undivided*	polyester net	M	60-90	94	93
01-42521407	FlexibleSling, undivided*	polyester net	L	80-130	105	96
01-42521408	FlexibleSling, undivided*	polyester net	XL	110-180	115	98

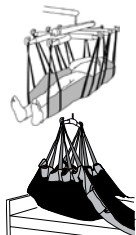
\*) with commode opening

**To and from toilet/Low back**



Art. No.	Product name	Material / Description	Size	Rec user weight (kg)	Sling seat measurement (cm)	Sling overall height (cm)
01-43504002	HygieneSling	polyester, with belt	XXS	10-30	25	50
01-43504003	HygieneSling	polyester, with belt	XS	25-45	35	65
01-43504004	HygieneSling	polyester, with belt	S	40-60	48	75
01-43504006	HygieneSling	polyester, with belt	M	55-85	55	87
01-43504007	HygieneSling	polyester, with belt	L	75-100	60	93
01-43504008	HygieneSling	polyester, with belt	XL	90-130	80	95
01-43504009	HygieneSling	polyester, with belt	XXL	120-170	90	95
01-43604002	HygieneSling	polyester, without belt	XXS	10-30	25	50
01-43604003	HygieneSling	polyester, without belt	XS	25-45	35	65
01-43604004	HygieneSling	polyester, without belt	S	40-60	48	75
01-43604006	HygieneSling	polyester, without belt	M	55-85	55	87
01-43604007	HygieneSling	polyester, without belt	L	75-100	60	93
01-43604008	HygieneSling	polyester, without belt	XL	90-130	80	95
01-43604009	HygieneSling	polyester, without belt	XXL	120-170	90	95
01-43904003	HygieneSling	polyester, extra back support	XS	25-45	35	65
01-43904004	HygieneSling	polyester, extra back support	S	40-60	48	75
01-43904006	HygieneSling	polyester, extra back support	M	55-85	55	87
01-43904007	HygieneSling	polyester, extra back support	L	75-100	60	93
01-43904008	HygieneSling	polyester, extra back support	XL	90-130	80	95
01-43804002	HygieneLBSling	polyester	XXS	10-30	25	92
01-43804003	HygieneLBSling	polyester	XS	25-45	28	92
01-43804004	HygieneLBSling	polyester	S	40-60	30	96
01-43804006	HygieneLBSling	polyester	M	55-80	35	102
01-43804007	HygieneLBSling	polyester	L	75-110	41	102
01-43804008	HygieneLBSling	polyester	XL	90-130	46	104
01-43804009	HygieneLBSling	polyester	XXL	120-170	60	104

### Horizontal lifting/Turning



Art. No.	Product name	Material / Description	Size	Rec user weight (kg)	Lenght (cm)	Width (cm)
01-46502007	StretcherSling	polyester	one size	50-200	180	86
01-46592007	StretcherSling	disposable	one size	50-200	180	86
01-47522007	SafeHandlingSheet	polyester net	L	50-300	240	115
01-47542007	SafeHandlingSheet	pol.net/WL4W	L	50-300	240	115
01-47502008	SafeHandlingSheet	polyester	XL	50-400	240	115
01-47502009	SafeHandlingSheet	polyester, reinf.	XXL	50-570	240	130
01-47592006	SafeHandlingSheet	disposable	M	50-300	200	120

### Rising/Standing with MiniLift



Art. No.	Product name	Material / Description	Size	Rec user weight (kg)	Lift vest width (cm)
01-45500004	ThoraxSling	polyester	S	30-60	94
01-45500006	ThoraxSling	polyester	M	50-80	104
01-45500007	ThoraxSling	polyester	L	70-110	124
01-45500008	ThoraxSling	polyester	XL	100-150	146
01-45500009	ThoraxSling	polyester	XXL	140-200	170
01-45600004	ThoraxSling	polyester, with seat supp.	S	30-60	94
01-45600006	ThoraxSling	polyester, with seat supp.	M	50-80	104
01-45600007	ThoraxSling.	polyester, with seat supp	L	70-110	124
01-45600008	ThoraxSling	polyester, with seat supp.	XL	100-150	146
01-45690004	ThoraxSling	disposable, with seat supp.	S	30-60	94
01-45690006	ThoraxSling	disposable, with seat supp.	M	50-80	104
01-45690007	ThoraxSling.	disposable, with seat supp.	L	70-110	124
01-45690008	ThoraxSling	disposable, with seat supp.	XL	100-150	146

### Rising/Standing with RiseUp600EE



Art. No.	Product name	Material	Size	Rec user weight (kg)	Lift vest width (cm)
01-45200004	StandUpSling	polyester	S	40-65	109
01-45200006	StandUpSling	polyester	M	55-80	121
01-45200007	StandUpSling	polyester	L	75-110	122
01-45200008	StandUpSling	polyester	XL	100-160	136
01-45200009	StandUpSling	polyester	XXL	150-220	166

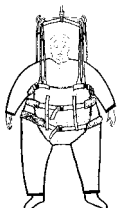
### Standing/Walking



Art No.	Product name	Material	Size	Rec user weight (kg)	Lift vest width (cm)	Lift vest overall height (cm)
01-44503003	StandingVest	polyester	XS	15-40	82	68
01-44503004	StandingVest	polyester	S	20-50	96	73
01-44503006	StandingVest	polyester	M	40-60	110	73
01-44503007	StandingVest	polyester	L	50-80	122	73
01-44503008	StandingVest	polyester	XL	70-100	130	73



01-44200002	WalkingVest	polyester	XXS	15-40	60	67
01-44200003	WalkingVest	polyester	XS	25-50	70	68
01-44200004	WalkingVest	polyester	S	40-60	82	68
01-44200006	WalkingVest	polyester	M	55-80	96	73
01-4200007	WalkingVest	polyester	L	75-100	110	73
01-44200008	WalkingVest	polyester	XL	90-110	122	73
01-44200009	WalkingVest	polyester	XXL	100-130	142	75



01-47103010	BariVest	polyester	XXXL	180-300	190-280	-
01-47103011	BariVest	polyester	XXXXL	250-570	230-310	-

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